

VIKINGS SURF SPORTS

Term 1 Season 6

At Vikings Surf Sports, we develop confident, capable, and safety - conscious individuals through surf lifesaving in a fun, inclusive environment for all ages and abilities in Dubai. Participants build water confidence, fitness, lifesaving skills, and lifelong friendships.

As the region's leading surf lifesaving club, we proudly represent Dubai at local and international events, with athletes achieving success, gaining qualifications, and growing leadership skills.

We look forward to welcoming new and returning members for another exciting season of learning, training, and achieving together.

Any questions: Whatsapp **Katie** @ +971 55 941 0464

Thank you for being a part of our community and we cannot wait to see you on the beach.

Munners

Stephen 'Munners' Munnery
Founder, Viking Surf Sports



SESSION TIMETABLE

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Adults Surf Fit 8.30 - 9.30am		Adults Surf Fit 6.30 - 7.30am	Surf Sport Squad 6.00 - 7.00am	Surf Sport Squad 6.00 - 7.00am
			Vikings Beach Academy 7.30 - 9.00am	Nippers & Rookies 7.30 - 8.30am Adults Surf Fit 7.35 - 8.25am	Nippers & Rookies 7.30 - 8.30am Adults Surf Fit 7.35 - 8.25am
				Surf Kids 7.45 - 8.30am	Surf Kids 7.45 - 8.30am
			Surf Sport Squad 3.30 - 4.30pm	Teen Surf Sports 9.00-10.00am	Teen Surf Sports 9.00-10.00am
Surf Skills 5.00 - 6.00pm	Surf Skills 5.00 - 6.00pm	Surf Skills 5.00 - 6.00pm	Nippers & Rookies 5.00- 6.00pm	Bronze Medallion & Surf Rescue 9.00-10.00am	Bronze Medallion & Surf Rescue 9.00-10.00am

Surf Kids: 3 – 4 year olds with parents joining in, gaining confidence and safety in the waves

Nippers: 5+ year olds (25m swim) – 12 year olds → surf lifesaving & surf sports introduction

Rookies: 12+ (100m unassisted swim) surf sports and lifesaving skills

Beach Academy: combination of Marine Education & surf lifesaving – suits homeschool students

Teens & Adults: Surf Sports fitness and fun

Surf Skills: Building knowledge and skills in the surf for all nippers & rookies of all abilities

Term 1 Surf Lifesaving Australia official qualifications:

Surf Rescue Certificate: ages 15+ pre requisite swim 400m < 9 minutes

Bronze Medallion: ages 13+ pre requisite swim 200m < 5 minutes

HOW TO REGISTER

REGISTER ON THE PORTAL

- 1. Create profile
- 2. Add 'My Athlete
- 3. 'My Bookings' - 'Add New Booking'
- 4. Select '2026-27 Term 1' and your athlete
- 5. Agree to swim ability, waivers, policies
- 6. Select Session
- 7. Pay to confirm booking
- 8. Join the WhatsApp group for admin only update posts

New Members Kit

New members: Order your kit via the Vikings Shop on the portal. AED 350 is fully redeemable and credited to your wallet for annual booking fees.

Sizes	YXS	YS	YM	YL	YXL	AS	AM	AL	AXL
Chest (inches)	12.25	13.5	14.5	15.5	16.75	18	19.25	19.25	20
Length (inches)	17	19.5	20.5	22	23.5	25.5	26	27	28
Suggested Age	U5	U7	U10	U12	12+	12+	12+	12+	12+

Term 1 Fees - 14 WEEKS

Starts - Tuesday 8th September
Finishes - Sunday 13th December

Our fees include:

- One session per week
- Free Club Championship Entries
- Professional Photos

New Member Kit & Rego:
Annual Fee: AED 350 + VAT
Fully redeemable on Vikings kit

Session	Full Term
Nippers & Rookies	1,540 AED +VAT
ADULTS SURF FIT	1,190 AED +VAT
Surf Skills	1,540 AED +VAT
Bronze Medallion & Surf Rescue CERT	1,750 AED +VAT

Confirm your booking by completing payment within 48 hours.
Bookings not confirmed within this timeframe will be automatically cancelled

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